**Aim:** Design and deliver effective and interactive brain friendly training, and workshop sessions to groups of people

## This programme will help REHIS accredited trainers to:

- ✓ write and evaluate structured objectives
- ✓ plan training to meet the defined REHIS objectives
- √ identify appropriate methods to maximise the group's understanding
- √ develop skills to engage all attendees of the group
- ✓ ensure training is applied back in the attendee's workplace

## Programme summary:

- ✓ How people learn in groups
- ✓ Writing an instructional objective
- ✓ Structuring training introduction, development and consolidation
- ✓ Handling groups effectively
- ✓ Questioning techniques
- ✓ Using visual aids and support materials
- ✓ Increasing participation
- ✓ Using syndicates and participative exercises
- ✓ Completing workplace action plans
- ✓ Trainer practice sessions
- ✓ Developing effective facilitation skills